SETTING UP THE INDIGO VAT:

- 1. Fill a 5 gal/18.93 L bucket with 4 gal/15.14 L warm tap water.
- 2. Empty the Pre-reduced Indigo Dye, Soda Ash and reducing agent (Sodium Hydrosulfite) packets into the water. Stir until dissolved.
- Stir the vat in a one direction circular motion. Reverse the direction of the stirring as you drag the stir stick along the outer edge of the vat before slowly removing it. Cover the vat with a lid and allow to settle while you tie up your fabric (about 15 minutes to 1/2 hour). The liquid will become a yellow-green color.

DYEING:

- 1. Fold, tie or bind your garment or fiber (See "Pattern Ideas" below). There is plenty of dye in your vat if you want to experiment on some pieces first. Wet your fabric thoroughly and squeeze out excess water.
- 2. Remove the cover from the vat. The top of the dye bath may be covered with a thin blue skin (rather than the traditional foamy 'flower'). Wearing gloves, gently move it to the side.
- While squeezing excess water and air out of your fabric, slowly submerge your piece into the dye vat. Once submerged gently manipulate the piece for one to several minutes.
- As you remove the piece from the vat it will slowly begin to turn blue as the oxygen in the air hits it. Let oxidize for about 20 minutes.
- 5. Repeat steps 2 4 for darker shades or you can rinse, untie, and wash with a mild detergent and warm water.
- Gently stir the vat as before in a circular motion. Place lid back onto vat. The vat will keep for several days and you will be able to dye several times.
- When you are ready to dispose of the vat, empty contents down the drain. Clean up bucket and utensils with a powdered cleanser or soap.

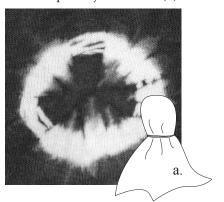


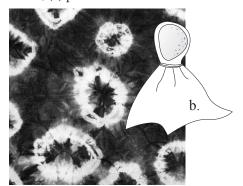
Stirring the indigo dye vat

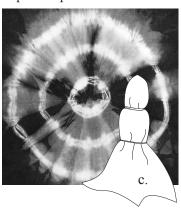
PATTERN IDEAS (FOR MORE PATTERN IDEAS SEE INSTRUCTION MANUAL)

CIRCLES OR SPOTS:

Pull up the fabric at a point and put a rubber band around it (a) or place a small pebble, bean or popcorn in the tip of the fabric and the bind placed just under it (b). For concentric circles, (c) place more than one rubber band on the pulled up area.







BASIC ACCORDION FOLD:

This simple back forth fold can be done many ways such as starting from the side or from a corner (a & b). Clamp folded fabric between your wood blocks and rubber bands (c). With slight variations you can get endless patterns.

